



Unintentional Drug Overdose Deaths in the North Central District Health Department Jurisdiction A FACT SHEET - 2024

Unintentional Drug Overdose Deaths in the North Central District Health Department (NCDHD) Jurisdiction:

Fentanyl was the main drug leading to 86% of overdose deaths in the NCDHD Jurisdiction, while cocaine was the second leading cause of drug overdose deaths. Xylazine mixed with fentanyl accounted for 49% of overdose deaths. Overall, total deaths in 2024 were 43 compared to 58 in 2023.

What we need to know about overdose deaths among NCDHD residents:

- There was a 26% decrease in unintentional drug overdose deaths in 2024 compared to 2023.
- 58.1% percent of overdose deaths happened at a residence.
- Non-Hispanic White accounted for 58% of deaths in 2024.
- People older than 46 had the highest number of deaths compared to younger age groups.

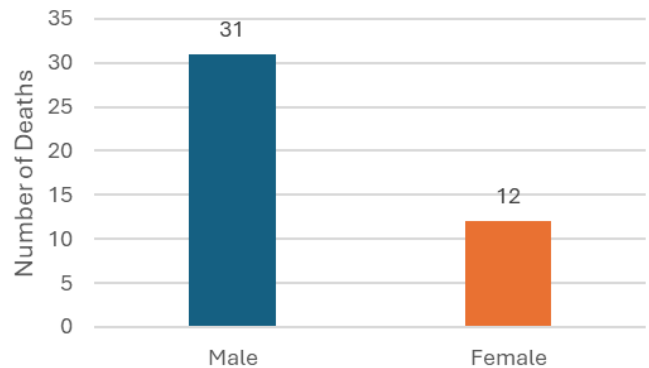
Key Points:

- There were 43 unintentional drug overdose deaths in 2024.
- The most common reported place of overdose related death occurred at a residence, accounting for 58.1% of total deaths, followed by hospitals at 39.5%.
- There was a 26% reduction of unintentional drug overdose deaths in 2024 compared to 2023.
- Non-Hispanic White had the highest number of deaths accounting for 25 fatal cases, while Hispanic had 11 fatal cases.
- 72% of deaths were attributed to males.
- Most of the overdose deaths were among those age 46 and older.
- All of the unintentional drug overdose deaths among females were between 30-62 years old.

Unintentional Drug Overdose Deaths, NCDHD, 2024



Unintentional Drug Overdose Deaths by Gender, NCDHD 2024



Data Source: Office of the Chief Medical Examiner (OCME)

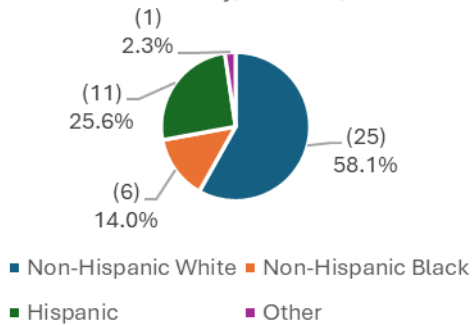
North Central District Health Department

31 N. Main Street, Enfield, CT 06082

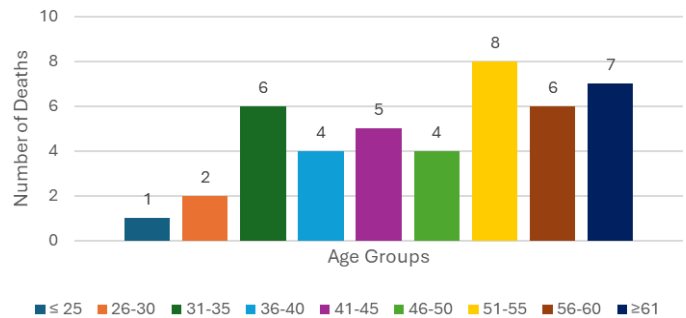
<https://www.ncdhd.org/substance-use-disorder-and-mental-health>

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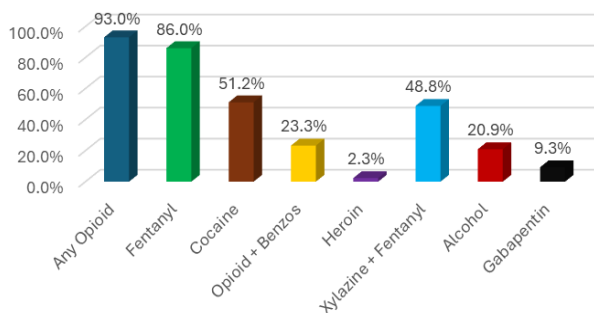
Unintentional Overdose Deaths By Race/Ethnicity, NCDHD, 2024



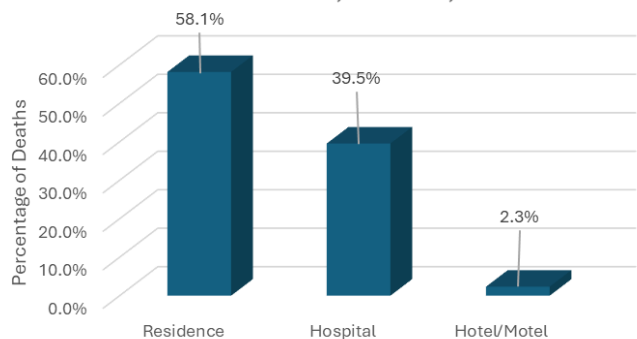
Unintentional Overdose Jurisdiction Deaths By Age Group, NCDHD, 2024



Unintentional Drug Overdose Deaths by Drug Type, NCDHD, 2024



Unintentional Drug Overdose Deaths by Location of Death, NCDHD, 2024



Data Source: Office of the Chief Medical Examiner (OCME)

How to Prevent Drug Overdose Deaths:

- Community outreach education about opioid overdoses.
- Safe disposal of unused medications and needles.
- Improve Prescription Monitoring Programs.
- Education about management of overdoses through Narcan training and administration.
- Using test strips to check if fentanyl or others are detected in the drug supply. Please contact NCDHD at (860) 745-0383 for access to test strips.
- People struggling with opioid use disorder and their loved ones can benefit by visiting www.LiveLOUD.org.
- Those seeking treatment for substance use can call 1-800-563-4086 or visit www.ctaddictionservices.com.



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