



Unintentional Drug Overdose Deaths in the North Central District Health Department Jurisdiction

A FACT SHEET - 2023

Unintentional drug overdose deaths in the North Central District Health Department (NCDHD) jurisdiction:

Fentanyl was the main drug leading to 83% of overdose deaths in the NCDHD jurisdiction, while cocaine was the second leading cause of drug overdose deaths. Xylazine mixed with fentanyl accounted for 29% of overdose deaths. Overall, total deaths in 2023 were 58 compared to 64 in 2022.

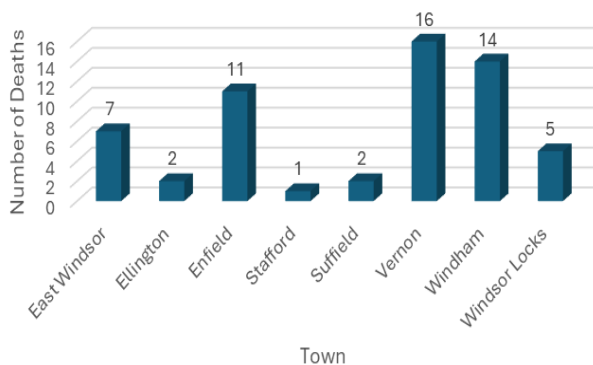
What we know about overdose deaths among NCDHD residents:

- There was a 9% decrease in unintentional drug overdose deaths in 2023 compared to the previous year.
- More than 50 percent of deaths happened at a residence.
- Non-Hispanic White accounted for 67% of deaths in 2023.
- People older than 55 had the highest number of deaths compared to younger age groups.

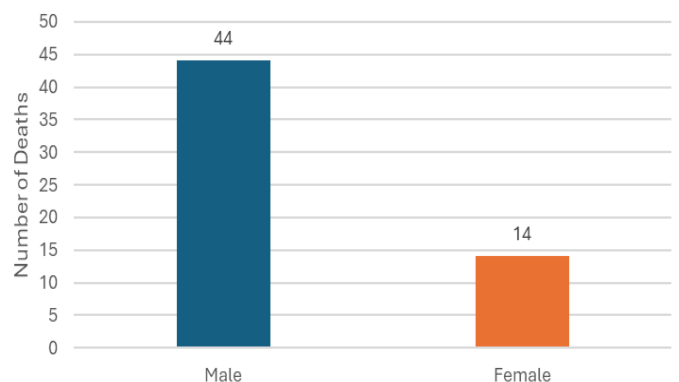
Key Points:

- There were 58 unintentional drug overdose deaths in 2023.
- The most common reported place of overdose related death occurred at home, accounting for 51.7% of total deaths, followed by hospitals at 29.3%.
- There was a 9% reduction of unintentional drug overdose deaths in 2023 compared to 2022.
- Non-Hispanic White had the highest number of unintentional drug overdose deaths accounting for 39 fatal cases, while non-Hispanic Black and Hispanic each had 9 fatal cases.
- 76% of deaths were attributed to males.
- Most of the overdose deaths were among those age 46 and older.
- All of the unintentional drug overdose deaths among females were between 25-64 years old.

Unintentional Drug Overdose Deaths, NCDHD,
2023



Unintentional Drug Overdose Deaths by
Gender, NCDHD, 2023



Data Source: CT Office of the Chief Medical Examiner (OCME)

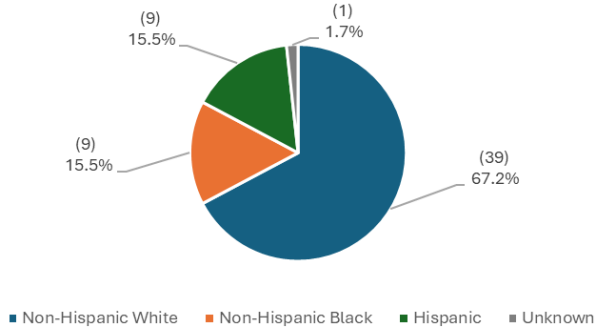
North Central District Health Department

31 N. Main Street, Enfield, CT 06082

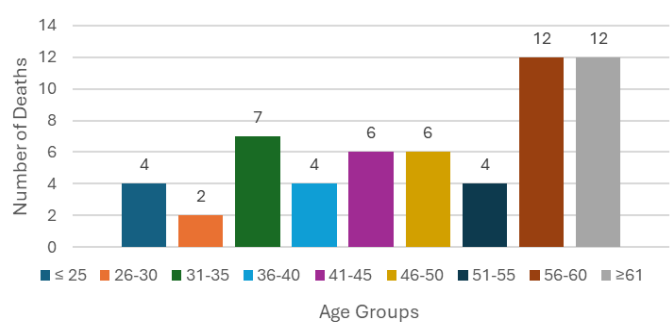
<https://www.ncdhd.org/opioid-resources>

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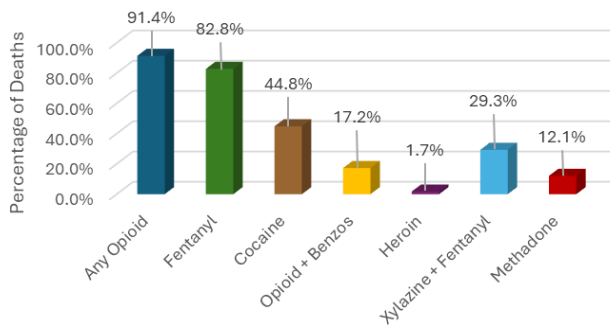
Unintentional Overdose Deaths By Race/Ethnicity, NCDHD, 2023



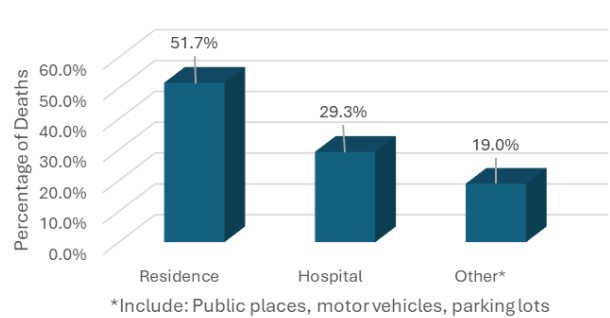
Unintentional Overdose Jurisdiction Deaths by Age Group, NCDHD, 2023



Unintentional Drug Overdose Deaths by Drug Type, NCDHD, 2023



Unintentional Drug Overdose Deaths by Location of Death, NCDHD, 2023



Data Source: CT Office of the Chief Medical Examiner (OCME)

How to Prevent Drug Overdose Deaths:

- Community outreach education about opioid overdoses.
- Safe disposal of unused medications and needles.
- Improve Prescription Monitoring Programs.
- Education about management of overdoses through Narcan training and administration.
- Education for the community about medical treatment for opioid use disorder and promoting those programs.
- People struggling with opioid use disorder and their loved ones can benefit by visiting www.LiveLOUD.org.
- Those seeking treatment for substance use can call 1-800-563-4086 or visit www.ctaddictionservices.com.



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