



News Release

FOR IMMEDIATE RELEASE: Aug. 22, 2021

CONTACT: Chris Boyle, Director of Communications
(860) 706-9654 – christopher.boyle@ct.gov

In The Aftermath Of Tropical Storm Henri, The Connecticut Department Of Public Health Stresses Practicing Food Safety During A Power Outage

HARTFORD, Conn. – The Connecticut Department of Public Health stresses that it's extremely important that proper food safety is practiced in the event of a power outage:

- A refrigerator will keep food safe for up to four hours during a power outage
- Avoid opening the door if possible or only open the door when necessary to quickly grab any food items needed
- If the power outage last for more than four hours, discard perishable food such as meat, poultry, seafood, eggs, cooked produce and leftovers
- You should never taste food after a power outage to determine its safety
- Restaurants and other food establishments must consult with their local health department with regards to remaining open or re-opening after a power outage
- To assist in determining what items to discard, the USDA has created a guide. Evaluate each item separately using the [chart](#) from the USDA website
- Remember when in doubt, throw it out

Helpful food safety resources:

[Keep Food Safe After a Disaster or Emergency | Food Safety | CDC](#)

[Food and Water Safety During Power Outages and Floods | FDA](#)

[Food Safety in a Disaster or Emergency | FoodSafety.gov](#)