



North Central District Health Department

- ☐ Enfield—31 North Main Street, Enfield, CT 06082 * (860) 745-0383 Fax (860) 745-3188
- ☐ Vernon—375 Hartford Turnpike, Room 120, Vernon, CT 06066 * (860) 872-1501 Fax (860) 872-1531
- ☐ Windham—Town Hall, 979 Main Street, Willimantic, CT 06226 * (860) 465-3033 Fax (860) 465-3034
- ☐ Stafford—Town Hall, 1 Main Street, Stafford Springs, CT 06076 * (860) 684-5609 Fax (860) 684-1768

Patrice A. Sulik, MPH, R.S.
Director of Health

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT
BOARD OF DIRECTORS
MINUTES OF SPECIAL MONTHLY MEETING
Wednesday, April 19, 2023
Ellington Town Hall
55 Main St Nicholas J DiCorleto, Jr. Meeting Hall
Ellington, CT 06029

Members Present: Diane Wheelock, Chair, Maria Whelden, Fred Journalist, Brandon Jewell, Trish Vayda & Dianne Trueb.

Members Absent: Michael DellaVolpe, Dean Gousse, James Hoyne, Catherine Cannon, Dawn Maselek, Victor Mathieu, Ben Rodriguez, William Meier, Jason Walsh, and Val Romano.

Also Present: Patrice Sulik, Director of Health and Tung Nguyen, Deputy Director of Health.

Call to Order/Determination of Quorum: The meeting was called to order by Diane Wheelock, Chair, at 6:01 PM after a quorum was determined.

Executive Session: Brandon Jewell made a **motion**, seconded by Fred Journalist to enter Executive Session for the purpose of discussing Legal Matters. The motion carried unanimously, and the Board entered Executive Session at 6:02 PM. Patrice Sulik and Tung Nguyen were invited into Executive Session.

The Board came out of Executive Session at 6:31 PM.

Director of Health Update: Update of Pending Business Items – (Provided in written form by the Director to the NCDHD Board.

Action on Consent Agenda:

1. Brandon Jewell made a **motion**, seconded by Fred Journalist to approve the cabling cost for Phase 2 as presented for \$7,963.00. The motion carried unanimously.
2. Maria Whelden made a **motion**, seconded by Brandon Jewell to approve Budget Transfer #4 to move \$92,000 from the fund balance to Building and Leasehold Improvements that was approved at the March 15, 2023 Special Meeting to cover the construction/furniture costs with the following amendment to Budget Transfer Sheet #4; that the amount in the fund balance as of the FY2022 audit of \$899,661 is included. The motion carried unanimously.
3. Maria Whelden made a **motion**, seconded by Fred Journalist to approve Budget Transfer request #5 to move the Security Reserve of \$25,000 to Building and Leasehold Improvements to cover the cost of the Security upgrades the Board approved at the March 15, 2023, Special Meeting. The motion carried unanimously.

Minutes of Special Meeting

April 19, 2023

Page 2 of 2

Committee Updates and Discussions - (Reports provided in written form for discussion - any action would follow in New Business)

1. Finance – Maria Whelden, Chair - Maria suggested the District consider moving some of the Health District funds to STIF as the interest rates are competitive. Maria also raised the issue of the security of funds in a single bank that exceed the FDIC limit. Patrice mentioned that we had received information in the past from Webster Bank on this issue and will provide the information to the Board.
2. Short and Long-Term Planning – Ben Rodriguez, Chair
3. Capital Improvements – Chair is vacant
4. Personnel – William Meier, Chair

New Business

1. Mental Health Discussion-The Board had an initial conversation regarding the role of Public Health with the burden of mental health currently being experienced by our population. There was a particular focus on teen suicide, as well as mental health concerns for the elderly.

Some potential interventions include reducing the stigma surrounding mental health issues, providing QPR, or “Bridging the Gap” training to the Board, creating and disseminating videos out on the District’s social media outlets to contribute to normalizing conversations about mental health, and supporting speakers at the high schools in our jurisdiction. It may be possible to get assistance with creation of the videos from one of the high schools or community colleges.

We anticipate this conversation to continue in future meetings and will use quantitative and qualitative data to inform an action plan.

Adoption of Minutes

Brandon Jewell made a **motion**, seconded by Dianne Trueb, to waive the reading of the Minutes of the Regular Meeting of the NCDHD Board on March 15, 2023, and that Minutes of said meetings be approved. The motion carried unanimously.

Adjournment

There being no further business to discuss, a **motion** was made by Dianne Trueb and seconded by Brandon Jewell to adjourn. The motion carried unanimously, and the meeting was adjourned at 7:47 PM.

Respectfully submitted,

Patrice A. Sulik
Director of Health

Next Board Meeting: Wednesday, May 10, 2023, 06:00 PM, East Windsor Town Hall 11 Rye St, East Windsor, CT 06016.