



North Central District Health Department

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- ☐ Vernon—375 Hartford Turnpike, Room 120, Vernon, CT 06066 * (860) 872-1501 Fax (860) 872-1531
- ☐ Windham—Town Hall, 979 Main Street, Willimantic, CT 06226 * (860) 465-3033 Fax (860) 465-3034
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Patrice A. Sulik, MPH, R.S.
Director of Health

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT
BOARD OF DIRECTORS
MINUTES OF ANNUAL MEETING OF THE BOARD
Wednesday, September 9, 2026

Enfield Headquarters
31 North Main Street
Enfield, CT 06082

Members Present: Diane Wheelock, Chair, Val Romano, Fred Journalist, Dianne Trueb, James Hoyne, Brandon Jewell, Caitlynn Abdow-Velasquez, Vic Mathieu and Ben Rodriguez.

Members Absent: Michael DellaVolpe, Cathy Cannon, Dawn Maselek, William Meier, and Xiomara Capo.

Also Present: Patrice Sulik, Director of Health, and Tung Nguyen, Deputy Director.

Call to Order/Determination of Quorum: The meeting was called to order by Diane Wheelock at 6:03 PM after a quorum was determined.

Executive Session:

N/A

Director of Health Update: Updates were reviewed with the Board.

The Director shared her concern regarding some very unprofessional behavior, including extreme verbal abuse with the Board. The Board requested that additional security measures be explored, as well as training, if needed, and sending field staff in pairs when warranted.

Action on Consent Agenda:

1. Election of Officers.

Ben Rodriguez made a **motion**, seconded by Vic Mathieu, to nominate Brandon Jewell to serve as Vice-Chair of the Board. The motion carried unanimously.

2. Val Romano made a **motion**, seconded by Vic Mathieu, to nominate Diane Wheelock to serve as Chair of the Board. The motion carried unanimously.

Committee Updates and Discussions - (Reports provided in written form for discussion - any action would follow in New Business)

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1. Finance – William Meier- Patrice provided a summary for the Board on the June end of fiscal year, unaudited financials.
2. Short and Long-Term Planning – Ben Rodriguez, Chair-Ben reviewed the Draft Strategic Plan with the Board and explored next steps for the Board to take. Ben plans to send out a survey for the Board Members to complete.
3. Capital Improvements –Vic Mathieu, Chair-no update
4. Personnel – Val Romano, Chair-no update

Old Business

N/A

New Business

1. Ben Rodriguez made a **motion**, seconded by Brandon Jewell, to sell the mini-split unit for the \$1,500 that has been offered for it. The motion carried unanimously.
2. Contractual matters-The Director updated the Board on pending grant opportunities.

Adoption of Minutes

Ben Rodriguez made a **motion**, seconded by Val Romano, to waive the reading of the Minutes of the Special Meeting of the NCDHD Board on May 13, 2026, and that Minutes of said meeting be approved. The motion carried with Brandon Jewell and Caitlynn Abdow-Velasquez abstaining.

Adjournment

There being no further business to discuss, a **motion** was made by Val Romano, seconded by Brandon Jewell, to adjourn. The motion carried unanimously, and the meeting was adjourned at 7:50 PM.

Respectfully submitted,

Patrice A. Sulik
Director of Health

Next Board Meeting: Regular Meeting of the Board, October 14, 2026, 6:00 PM, Enfield Headquarters, 31 North Main St, Enfield, CT 06082.