



# NORTH CENTRAL DISTRICT HEALTH DEPARTMENT

ENFIELD - 31 N. Main Street - P.O. Box 1222 - Enfield, CT 06083 - (860) 745-0383 - Fax 745-3188  
VERNON - 375 Hartford Turnpike, Suite 120 - Vernon, CT 06066 - (860) 872-1501 - Fax 872-1531  
WINDHAM - Town Hall, 979 Main Street - Willimantic, CT 06226 - (860) 465-3033 - Fax 465-303  
STAFFORD - Town Hall, 1 Main Street - Stafford Springs, CT 06076 - (860) 684-5609 - Fax 684-1768

WILLIAM H. BLITZ, M.P.H., M.U.P., R.S.  
DIRECTOR OF HEALTH

## NUTRITION CLASS INFORMATION SHEET

North Central District Health Department  
East Windsor Senior Center  
125 Main Street  
Broad Brook, CT

January 20, 27, February 3, 10, 2010  
12:30 p.m. – 2:30 p.m.

**COMPLETE THIS FORM AND SEND TO OUR ENFIELD OFFICE BY  
January 11, 2010 AT: P.O. BOX 1222, ENFIELD, CT 06083**

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

TOWN \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

DAYTIME PHONE NUMBER \_\_\_\_\_

EVENING PHONE NUMBER \_\_\_\_\_

AGE \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

Non-Hispanic Origin:  
\_\_\_ White \_\_\_ Black \_\_\_ Asian/P \_\_\_ Amer. Ind.  
\_\_\_ Other/Unk.

Hispanic Origin:  
\_\_\_ White \_\_\_ Black \_\_\_ Other/Unk.

How did you learn about the nutrition program?

\_\_\_ Newspaper      \_\_\_ Flyer/Poster      \_\_\_ Other  
\_\_\_ Letter          \_\_\_ Friend/Word of Mouth

I intend to commit myself to attending all **four** of the Nutrition classes, except in the case of illness or hazardous weather conditions.

Signed \_\_\_\_\_ Date \_\_\_\_\_