



Suffield

Help for Those Impacted by COVID-19

I NEED TO FIND A JOB:

Job Finding Assistance:

All Groups

AMERICAN JOB CENTERS

<http://www.ctdol.state.ct.us/JobCenterCT/index.htm>

Job Finding Assistance:

People with Disabilities

VIABILITY, INC. -

DIRECT PLACEMENT

EMPLOYMENT SERVICES

<https://www.viability.org/about>

Resume Critiques

AMERICAN JOB CENTERS—ENFIELD

DESCRIPTION

Resumes reviewed by a Connecticut Department of Labor Certified Professional Resume Writers (CPRW) trained in developing documents that generate job interviews.

Hours: M-F: 8:30am-5pm

860-745-8097

<http://www.ctdol.state.ct.us/ajc/cldrloc.htm>

FINANCIAL ASSISTANCE:

Suffield Community Aid

“To help alleviate financial hardship and help preserve the financial well-being and dignity of residents impacted by the recent pandemic”.

<https://suffieldcommunityaid.org/>

Monday- Friday

8:00 AM-4:00 PM

860-668-1986

Rent Rebate Information

FOR LOW INCOME ELDERLY OR
DISABLED PERSONS

860-668-1986

Resources to Help Communities:

<https://uwc.211ct.org/covid19resources/>

FILE FOR UNEMPLOYMENT BENEFITS:

<http://www.ctdol.state.ct.us/ui-online/>



I NEED HELP WITH BASIC NEEDS

Utility Assistance, Healthcare, Mental Health Care,
Benefits, Transportation, Food, Housing, Services
for Persons with Disabilities

Information and Resources to Help Communities:

<https://uwc.211ct.org/covid19resources/>

I NEED HELP DEALING WITH MENTAL HEALTH, TRAUMA, ADDICTION

CHR Real Life Real Hope

1-877-884-3571

<https://www.chrhealth.org/>

ASK YOUR EMPLOYER FOR AN
EMPLOYEE ASSISTANCE PROGRAM (EAP)

Town of Suffield Resources:

<https://www.suffieldct.gov/departments/social>

FOOD RESOURCES:

Grab & Go Meals

AGENCY: TOWN OF SUFFIELD

LOCATION: TOWN OF SUFFIELD -
SENIOR CENTER

Please call to pre-order meals
860-668-8830

Eligibility: 60+; those with a disability

Food Pantries

AGENCY: SUFFIELD COMMUNITY AID

Food pantry for residents of
Suffield in need.

860-668-1986

<https://suffieldcommunityaid.org/>

Meals On Wheels

AGENCY: SUFFIELD COMMUNITY AID

Eligibility: Ages 60+;
Homebound; Resident of Suffield
Hours: M-F: 8am-4pm or by appt
860-668-1986

<https://suffieldcommunityaid.org/>

Food Pantry

AGENCY: ROSSROADS - SUFFIELD
ELIGIBILITY: Residents of Suffield and
surrounding towns in need

860-668-2271

<http://www.westsuffielducc.org/>

Soup Kitchens

AGENCY: ENFIELD LOAVES
& FISHES, INC.

Eligibility: Anyone in need

860-741-0226

<https://enfieldloavesandfishes.com>



**North Central District
Health Department**
31 North Main Street
Enfield, CT 06082-3337

Phone: 860-745-0383

Fax: 860-745-3188

www.ncdhd.org